## Holly Van Hart Artist Statement

My abstract nature paintings are meant to spark new excitement about the limitless opportunities we have in our lives.

Images of abstracted forests, trees, fields, and flowers are used to symbolize abundance, connectedness, opportunity, and the generation of new life and new ideas. These paintings highlight the promise of our own creativity and capabilities, to be nurtured and explored and stretched to their fullest potential.

Look carefully at each painting and you'll be welcomed into a world of realism contrasted with my abstracted view of nature. Take a visual stroll through these forests and fields. You'll see realistically painted trees and flowers, juxtaposed against vibrating blocks of color representing the sky, trees, leaves, fields and shadows.

The overall effect is to balance the excitement of my visual world with the calm of nature, and to invite reflection on nature's abundance.

-- Holly Van Hart Silicon Valley, California