

EXTROVERT OR INTROVERT?

Van Hart "On Art" Newsletter Issue 6 November 2009

G'day Friends.

Hope you're well!

Although it seems like a long time ago now, this summer my family and I took a 5 week vacation in Queensland, Australia. It was stunningly gorgeous, and the Aussies we met were super-friendly and loads of fun.

In keeping with the lighter thoughts of summer, for this newsletter I've got a light topic . . . it's about art and personality. Are you an extrovert or an introvert, and does this impact the type of art you like? Read on, and tell me what you think!

Holly

Extrovert or Introvert?

I recently heard a theory that extroverts like art that depicts people, and that introverts prefer landscapes and still lifes instead. Hmmmm. Sounded like it could be true, but I couldn't find any research to back it up. So I'm doing my own little survey on the topic, and asking for your help.

Speaking for myself, I'm an extroverted introvert. That is, I'm kind of in the middle, but more of an introvert than an extrovert. I thought about what kind of art I like to have in my home, and the art I like to create. Over the last year I worked on two series using oil paints on canvas - one with people (People in Action), and one without (Abstract Landscapes). Well, maybe that's because I'm part extrovert and part introvert.

Which are you? Are you an extrovert who thrives in the company of others? Or are you an introvert who appreciates quality time alone? This is not about whether you are sociable or not. It's more about how you recharge your energetic batteries - alone, or with others. If you're not quite sure, you can click here to take a quick and easy extrovert/introvert quiz: <http://www.nerdtests.com/mq/take.php?id=19>.

If you're an extrovert, is the majority of the artwork in your home related to people?

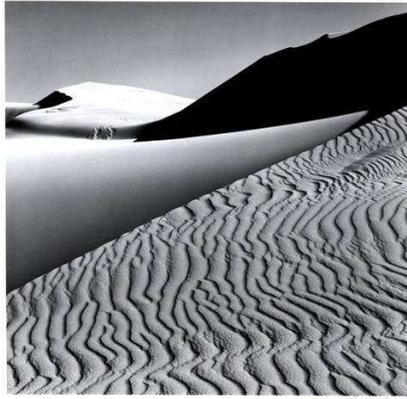
If you're an introvert, do you prefer landscapes and still lifes?

We can also look at it from another angle . . . which of these pieces of art strikes your fancy? Here are 2 photos by Ansel Adams:



ANSEL ADAMS
GEORGIA O'KEEFFE AND ORVILLE COX

"Georgia O'Keeffe and Orville Cox"



"Dune, Oceano, California, 1963"

And two sculptures by Constantin Brancusi . . .



"Sleeping Muse"



"The Endless Column"

And, humbly (very humbly) putting my work next, two paintings of mine . . .



"Lakeside Play"



"You Too I Welcome"

Award of Merit, 2009 California State Fair

Does the theory hold true for you?

If you prefer the people art, are you an extrovert?
If you prefer the landscapes, are you an introvert?

Is it true, or is it hogwash?

Send me an email and tell me what you think
(holly@hollyvanhart.com).

In the next newsletter I'll let you know what I hear back. Thanks for your input and your interest!

Til next time,
Holly

Quote of the Day:

"Twelve significant photographs in any one year is a good crop." Ansel Adams

Related links:

[Ansel Adams](#), [Constantin Brancusi](#), [My Painting Blog](#)

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